Dr. McKittrick retires from distinguished career

Fifty-two years of service to the Deaconess Hospital and the medical profession came to a graceful close, June 30, for Dr. Leland S. McKittrick. The famed doctor's decision to completely retire from all professional activity marks the end of distinguished surgical career.

Dr. McKittrick's association with NEDH began in 1919 when the hospital consisted of one building with three small operating rooms. He came to the Deaconess as an assistant to Dr. Daniel Fiske Jones, a teacher and great surgeon.

After Dr. Jones retired in 1932, Dr. McKittrick became surgeon-in-chief of Palmer Memorial Hospital. He held this position until 1953 when he was named chairman of the reorganized general surgical staff. Dr. McKittrick was a member of the NEDH Medical Administrative Board, 1951-1955, and has been a corporation member since 1933.

When the department of surgery, as it is known today, was organized in 1964, Dr. McKittrick served as interim chairman for two years. The department's formation marked the first time that the staffs of the Joslin, Lahey and Overholt Thoracic Clinics and the general staff were brought together under two distinct departments—surgery and medicine.

Dr. Leland S. McKittrick

A member of the Harvard Medical School's first "War Class," Dr. McKittrick was awarded his M.D. in February, 1918. He enlisted in the Medical Reserve Corps and went to Minneapolis for a year of medical internship at the University of Minnesota Hospital. He spent the next year at Massachusetts General Hospital as a surgical intern.

Dr. McKittrick intended to return to Minneapolis after the completion of his surgical internship. Instead, he decided to stay in Boston and study under Dr. Jones at NEDH. He received his early diabetic surgery training from Drs. Jones and Elliott P. Joslin.

It is diabetic surgery for which Dr. McKittrick is internationally known. He built a sound surgical approach to diabetic needs and was instrumental in establishing this approach throughout the country. An excellent surgical clinician, Dr. McKittrick was in charge of the NEDH Tumor Out-Patient Clinic for many years and with Drs. Elliott P. Joslin and Howard F. Root was instrumental in developing foot rounds and the subsequent foot room for diabetic patients.

In addition to his significant contributions to the field of diabetic surgery and clinical practice, Dr. McKittrick played an active role at the national level in medical education and the development of medical care. He was a member of the American College of Surgeons' Board of Regents, president of the Massachusetts Medical Society and member, for eight years, of the American Board of Surgery (the national qualifying board for surgeons).

The surgeon was also chairman of the Council on Medical Education and Hospitals of the American Medical Association and a member of the Health Resources Advisory Committee to the President. In 1963, Dr. McKittrick was awarded honorary membership in the American Hospital Association. The following summer he was given the Banting Medal of the American Diabetes Association.

In February 1971, he was awarded the Roswell Park Scroll and Medal by the Buffalo (N.Y.) Surgical Society, and on July 20 he was elected to the Deaconess Honorary Staff by the Executive Committee upon recommendation of the Medical Administrative Board.

Dr. McKittrick grew up in Throp, Wisconsin, and received his premedical education at the University of Wisconsin. He married the former Addie Moore Davidson of Norfolk, Va. They have two sons: L. Sterling, Jr., a private businessman; and James E., M.D., a surgeon in Santa Barbara, California.

pulse

New England Deaconess Hospital
Boston, Massachusetts

VOLUME 24 — NUMBER 10 JULY - AUGUST 1971

Ten departments adopt four-day work week . . .

Over 250 employees enjoy its benefits

Over 250 Deaconess employees in ten different departments now work a ten-hour day — the mushrooming trend in the business world. Included among these departments are the three pioneers at NEDH: systems, dietary and surgical services. During the months of June and July they were joined by personnel in the Baker 5 nurses unit, the pathology laboratories, purchasing, accounting, the library, messenger service and the business office.

The tradition of innovative and progressive action has been a way of life at the Deaconess since its inception 75 years ago. The hospital's employees have always been open minded and anxious to try new ways of approaching things. Since this past February, the hospital has been in the process of departmentally converting to the ten-hour day or four-day work week.

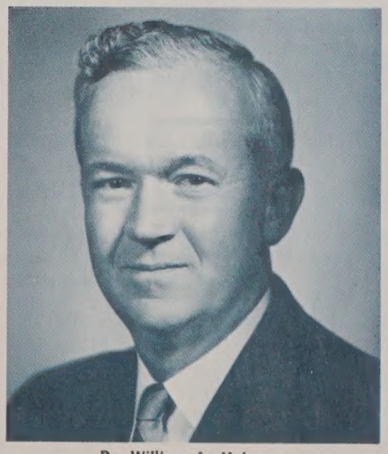
Each department at the Deaconess must individualize the four-day week to its own needs. Administrative approval must be secured before a department can implement its plan. Proposed plans from that department will receive the same or better coverage and the plan must indicate that work will be completed at no additional cost. New departments are welcome at any time.

Employees benefit in several ways from the four-day week. One of the obvious is the psychological satisfaction of acquiring an additional open-ended day each week. They continue to work the same 40 hours, but put in four ten-hour days instead of five eight-hour days. Time and financial costs of transportation are also reduced by the four-forty.

None of the three departments that began the ten-hour day work week have complaints. The people in systems and planning are more enthusiastic about the program than those in other departments. Since they were the first department to convert to the four-forty, they have firm ground on which to stand. The department is in its sixth month of successful operation under the ten-hour day.

(Continued on page 7)

Professorship status changes for Dr. Meissner



Dr. William A. Meissner

Harvard Medical School recently altered the status of Dr. William A. Meissner, chairman of the NEDH Department of Pathology, from clinical professor of pathology (part time) to professor of pathology at the New England Deaconess Hospital (clinical full time). The appointment, effective January 1, 1971, is for an indefinite period of time.

A native of Oregon City, Oregon, Dr. Meissner received his undergraduate degree in 1935 and his medical degree in 1938 from the University of Oregon. He has been a staff pathologist at the Deaconess Hospital since 1942, and a member of the Harvard Medical School staff since 1947. In 1963, Dr. Meissner was named chairman of the pathology department at NEDH.

Recognized as an outstanding surgical pathologist, Dr. Meissner is an international leader in studies involving the thyroid gland. He and Dr. Shields Warren, renowned pathologist, are co-authors of a monograph in the series of "Atlases of Tumor Pathology." The manuscript is a definitive piece of work on the thyroid gland.

Dr. Meissner is a noted lecturer. He conducts courses in pathophysiology, the thyroid gland and neoplasia at Harvard Medical School. Dr. Meissner's command of the Spanish language makes him a popular lecturer

(Continued on page 2)

PROFILE: Miss Nancy Dolan

Miss Nancy Dolan, R.N.

Active and attractive Miss Nancy Dolan, R.N., might be seen on any floor at any time of day performing her many and various duties as cardio-vascular clinician.

As a cardiac clinician Miss Dolan follows the patients from the coronary care unit to the floors. One of her foremost duties is to act as a liason for the patients who have been moved from intensive specialized care to the floors; she communicates with the team of nurses on the patients' floor, their doctors, as well as with social workers, dietitians and visiting nurses. This is so they may best help the patient with his learning.

The patient is also her student. He learns about his own health care, medicines, exercise and the new routine he will need for good recovery and a healthful life. She coordinates the various aspects of the patient's life after he has left the coronary unit.

In many cases, it is necessary for her to explain and justify advice of the doctors and other nurses to the skeptical and worried patient. With her specialized training she has both the knowledge and the time to really help patients whose anxiety can seriously affect their physical condition.

Home life is often discussed since this is a vital aspect of the patient's life that affects his health and recuperation. Often, just talking with a patient allows Miss Dolan to help him with important problems which are potential obstacles to his recovery and maintenance of good health.

There is no routine for Miss Dolan. After leaving the coronary care unit, her patients are sent all over the hospital, so she finds freedom and variety in her movements.

Miss Dolan also has freedom of time. She says, "I plan my hours to the needs of the patient. If the family of a patient were coming this evening and I wanted to speak with them, I might work, say, from 1:00 p.m. to 8:30 p.m., today."

This flexibility of time and movement carries through an attitude that Miss Dolan likes most about the Deaconess. "It allows you to be the kind of nurse you want to be," she says appreciatively. She finds herself able to give care and attention according to the patients' needs rather than a schedule.

As if all this were not enough to keep her busy, Miss Dolan also prepares people about to have cardiac surgery — and finds it facinating. "Each person reacts differently," she remarks. "Some want to know everything; some don't want to know a thing!" Her concern expressed with furrowed brow she explains, "I try to emphasize the importance of the surgery in terms of relieving pain and allowing them to live comfortably again. Many are very disappointed when it is decided they are not good candidates for heart surgery — they feel it's their only chance to regain an active, useful life."

Miss Dolan, who studied nursing at Boston College, is at the Deaconess for her second time. Having been a staff nurse, an assistant head nurse, and a clinical instructor at several hospitals in the area, Miss Dolan taught School of Nursing students in the Deaconess recovery room for three years when she became interested in cardio-vascular nursing.

Deciding to pursue this interest, she then went to Catholic University in Washington, D. C., and earned her masters degree in this specialized area. After spending two years in Denver, Colorado, at General Rose Memorial Hospital as a cardiac clinician, she returned to the Deaconess last January.

Miss Dolan remarks on the vast difference between the patients she helps here and those in her care in Denver. "When I first came here I took a three-month survey of the coronary patients; it showed that they are generally 60 - 80 years old and many are diabetic."

In Denver she had to deal with a very different kind of problem. Many of her patients were 40 years old, very active and had families to support; the adjustment for them is quite different from that the patients here generally have to make.

For example, the most frequent questions she was asked by her patients in Colorado were about sports activities. "When can I go skiing again?" "How about camping?" "Can I still golf?" When she came here and was not asked that sort of question she began to ask patients about their sports interests. She was answered by smiling faces. "Oh yes, the Bruins are the greatest!" "I love to watch a good basketball game." Obviously their interest in sports is much more as a spectator than a participant.

Explaining the philosophy of her work, she says, "You have to know about the individual's life in order to help him." Miss Dolan does more than convey information to the patient and the nurses; she chooses what they need to know, always adapting to the needs of the particular individual.

Her interest in people is incorporated into Miss Dolan's extra-hospital activities as well. She is an active member of the Heart Association of Boston. Her committee presents educational material on coronary care for nurses; she is also involved in compiling course outlines and bibliographies.

Originally a Peabody girl, Miss Dolan is now living in a "very friendly" Beacon Street apartment overlooking the Charles River. She loves it, she says, because of "it's quaintness, the warmth of her neighbors, and even," she laughs, "the pipes that clank at night."

Miss Dolan skiis at Killington and sails on the Charles River according to the season. "Well, I *do* everything, but nothing *really* well," she says apologetically.

Although she loves to travel and has enjoyed seeing other parts of the country, she will be spending her free time enjoying the Cape this summer. A symphony-and-museum goer as well, Miss Dolan loves having available the cultural advantages that Boston offers; she frequents the Museum of Fine Arts and enjoys hearing summer concerts at the Hatch Memorial Shell.

With all these benefits of Boston, Miss Dolan plans to stay in this area —although she does miss Denver's $1.50 movies and parking, which, she exclaims is "Only 25 cents!"

Points to Ponder

"He who is angry cares. But he who contemplates that anger cares more."
Ko

"How often is happiness destroyed by preparation, foolish preparation!"
Jane Austin

"There is nothing either good or bad, but thinking makes it so."
Shakespeare

"My friend is not perfect — nor am I — and so we suit each other admirably."
Alexander Pope

"Quick sensitiveness is inseparable from a ready understanding."
Joseph Addison

"It is surely better to pardon too much than to condemn too much."
George Eliot

"When men are rightly occupied, their amusement grows out of their work, as the colour-petal out of a fruitful flower."
John Robins

Mrs. Wiot honored at retirement dinner

Friends and co-workers greeted Mrs. Frank C. Wiot, medical technologist, at a retirement dinner, June 22, at 110 Francis St. They presented her with a colored television set, a gold bracelet engraved with "NEDH June 1971" and a year's membership in the Boston Museum of Fine Arts.

Mrs. Wiot's ten-year association with the Deaconess Pathology Department was devoted to the chemistry laboratory. She was also a teaching supervisor in the School of Medical Technology.

A native of Barre, Vermont, Mrs. Wiot graduated from Mt. Holyoke College as a chemistry major in 1924. She worked in the laboratory of the Robert Breck Brigham Hospital until 1927 when she moved to Buffalo, N.Y.

While in Buffalo, she met her husband. Two sons and several years later, the Wiot family moved to Providence, R. I., where Mrs. Wiot secured a job at Physicians Laboratory Service. In 1950, they moved to Quincy and she worked at Milton Hospital until coming to NEDH in 1961.

Weaving is Mrs. Wiot's favorite pastime and she intends to devote a great deal of her retired time to it and other handicrafts such as knitting, tatting and macrame. A September trip to California and a winter vacation in Florida are her current travel plans.

Presenting gifts to Mrs. Frank C. Wiot, medical technologist, at her June 22 retirement dinner are fellow medical technologists: (l. - r.) Miss Valerie Marshall, Miss Diana Schotte and Mrs. Gloria Polan.

Dr. Meissner . . .

Continued from page 1

in Mexico, Central and South America.

In 1965, Dr. Meissner received the Award for Outstanding Medical Contributions to Cancer Control by the American Cancer Society. He is past president of the Massachusetts Division of the society, the New England Society of Pathologists and past vice president of the American Thyroid Association.

He serves on two World Health Organization committees, and is a member of numerous professional organizations including: the American Association of Pathologists and Bacteriologists and the International Academy of Pathology.

Cancer Research Institute celebrates 20th anniversary of founding

Drs. Leland S. McKittrick and Shields Warren, pioneers in their respective fields of diabetic surgery and pathology, greet each other at the June 17th Cancer Research Institute Open House. Dr. George Nichols Jr., scientific director at CRI, enjoys the spirit of their friendship.

A dinner commemorating the twentieth anniversary of the Cancer Research Institute was held June 10 at the Riverview Restaurant. Dr. Shields Warren, world renowned pathologist and the first scientific director of CRI, spoke to over 50 friends and associates of the Deaconess Hospital about: "Cancer as an Aftermath of the Atomic Bomb."

Preceding the dinner, an afternoon tea and open house was held at the Cancer Research Institute. Dr. George Nichols, Jr., scientific director of CRI, greeted guests upon their arrival at the open house.

Several laboratories were open for the inspection of CRI guests, and staff members were available to explain the experiments. Tours of the research center were informal to allow guests to concentrate their time in areas evoking specific interests. Included among the laboratory displays were: electron microscopy, activation analysis, biochemistry, cell physiology, the animal farm, histopathology and experimental pathology.

Dr. and Mrs. Philip O'Bryan Montgomery, Jr. discuss a CRI pictorial display with Mr. R. D. Lowry, executive vice president. Dr. Montgomery was the first research fellow to work with Dr. Shields Warren when CRI opened in 1951. He and his wife came to the open house from Dallas, Texas, where Dr. Montgomery is special assistant to the chancellor at the University of Texas System.

Enjoying their dinner at the Riverview Restaurant after the CRI Open House are: (l. - r.) Mrs. Russell Cowing, Mr. Russell Cowing, retired radiation safety officer for CRI; Miss Natalie Fossati, secretary to Dr. Shields Warren; Dr. Edna Tompkins, retired CRI research associate; Miss Connie Langone, secretary in CRI; and Mr. Robert Pence, business manager of CRI.

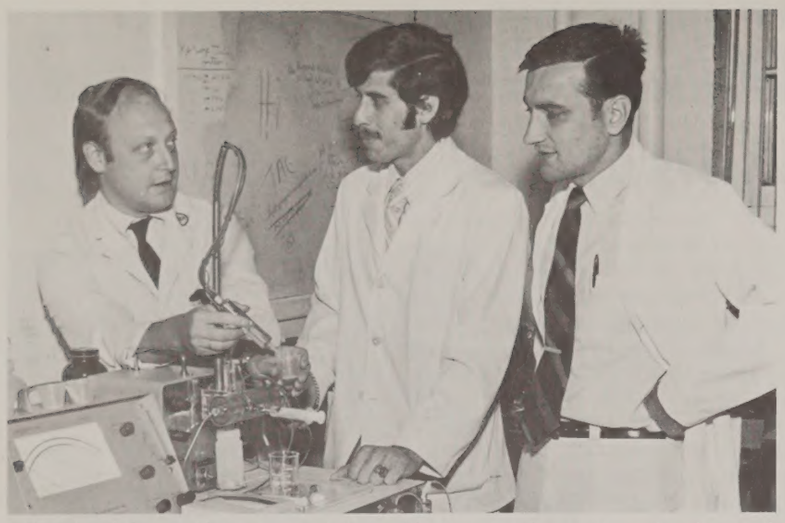
Mr. Francis W. Capper, chairman of the NEDH Board of Trustees; Mr. David Place, NEDH Corporator, and Dr. and Mrs. Philip O'Bryan Montgomery, Jr. wait for dinner to be served after the CRI Open House.

Dr. Constantine Maletskos, CRI research associate; Mrs. Maletskos, Mr. Robley E. Evans, Ph. D. and member of the CRI Scientific Advisory Board; and Dr. Allen P. Joslin relax during the CRI dinner.

Dr. Micheline Federman, CRI research associate, explains the Hitachi 11-C Electron Microscope to Dr. Robert E. Brownlee, internist on NEDH's active staff. The microscope is capable of magnifying tissues 800 to 150,000 times their normal size.

Mrs. Eleanor Clapp, administrative secretary to Executive Vice President R. D. Lowry, observes while Miss Rusty Chute, senior research assistant, shows Dr. Elton Watkins Jr., thoracic surgeon, a pair of paraboint rats. The rats are part of a study on the long-term effects of a supralethal dose of total body x-ray.

NEDH welcomes over
into its va



Clinical pathology residents; (l. - r.) Doctors Maurice Hartog, Joseph Wand and Petr Luki; run a test on the blood-gas machine. Dr. Ronald Berardi was not available for the picture. The blood-gas machine monitors the degree of acidity in blood and measures partial pressures of oxygen and carbon dioxide in blood.

The Deaconess is a teaching hospital with a primary emphasis on referral patients with specialized problems. Although the hospital is affiliated with Harvard Medical School, it limits the number of medical students who rotate through NEDH for part of their training. However, many doctors train at the hospital in the fields of: diabetes, cardiology, internal medicine, diagnostic radiology, clinical and anatomical pathology, general surgery, urology and thoracic surgery.

The department of medicine offers an internship and residency program. The house officers participate in lectures, formal teaching rounds, case presentations and conferences.

A straight medical internship provides the opportunity for the intern to work in his chosen medical specialty. In addition to a coordinated program with the medical residents, the intern takes two months of electives. A major medical rotating internship requires that the doctor spend at least six months in medicine and then elect two to four months of surgery, pathology or radiology.

The residency program provides for three years of graded responsibility in internal medicine. A major emphasis is placed on the medical subspecialties of hematology, oncology, neurology and cardiology. Diabetes is taught at Joslin Clinic and the residents rotate through the Lahey Clinic to study endocrinology, rheumatology and dermatology.

There are eight residents and fellows in anatomical pathology and four in clinical pathology. All pathology residents take part in departmental and hospital conferences and have opportunities for research work in human and experimental pathology.

The clinical pathology training program is equally divided between clinical chemistry, hematology, immunology (blood bank and serology), and microbiology (bacteriology, parasitology, mycology and virology). Training emphasizes the practical aspects of quality control, calibration of instruments, troubleshooting and interpretation of results with respect to the patient.

The residents and fellows in anatomical pathology study autopsies, surgical specimens and cytological specimens. In addition to studying tumors, diabetes mellitus, thyroid disease and diagnostic problems, there is ample opportunity to study pulmonary and neurosurgical pathology. The daily work is supervised by the staff pathologists, but the residents are encouraged and expected to develop individual diagnostic abilities.

The surgical residency program is affiliated with its parent organization, the fifth (Harvard) Surgical Service of Boston City Hospital. At any one time five residents are assigned to the Deaconess. The urological residency pro-

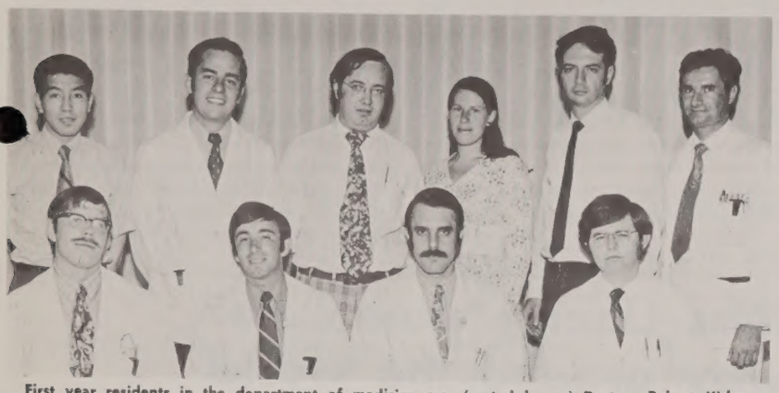
The anatomical pathology residents are: (seated l. - r.) Doctors Ann Crosson, Nora Natividad, Peter Burger, (standing l. - r.) Casimiro Giampaolo, Rodger Haggitt, Norman Telles, Farhad Moatamed and Ronald Backer.

The new interns in the department of medicine are: (seated l. - r.) Doctors Thomas Hill, Mary Lou Gugelmann, Mai Lan Rogoff, Camille Olson, (standing l. - r.) Richard Chavis, Joseph Alley, Richard Gugelmann, Michael Reid, Geoffrey Emerson, Newton Cochran, Robert Pieroni and Melvyn Richter.

This year's diabetes fellows are: (seated l. - r.) Doctors Jan Braaten, Barbara Kraus, Alberto Solano, (standing l. - r.) Nikilaos Katsilambros, Stuart Richmond and Zeljko Zic. Doctors Marko Mihic and Tadao Suzuki were unavailable when the photograph was taken.

Surgery residents discussing the day's itinrary are: (l. - r.) Doctors Nandkumar Dandekar, chief resident in thoracic surgery; Kenneth Chessick, thoracic surgery; John Harmon, general surgery: Stuart Belkin, general surgery; and Robert Sade, thoracic surgery. Not shown are: Doctors John Carmody, chief resident in general surgery; Zygfryd Szeja, general surgery; Martin Gingras, thoracic surgery; Edward Jacobs, urology; Manuel Merino, urology; and Fernando Vaz, urology.

70 doctors
ried training programs



First year residents in the department of medicine are: (seated l. - r.) Doctors Robert Kirkman, Richard DiGioia, Mark Highman, Timothy Hurley, (standing l. - r.) Mitsuo Kitahara, Dario Isaza, John Beamis, Vivian Blotnick, Gilbert Lavoie and Steven Draskoczy. Not shown are Doctors Murray Bern and Edwin Roig.

gram is affiliated with the Lahey Clinic Urology Program.

The thoracic and cardiovascular surgical residency program is a two-year program based at the Deaconess Hospital. It also encompasses the care of patients at the New England Baptist Hospital and the Norfolk County Tuberculosis Hospital. Training is under the guidance of the senior staff of the Overholt Thoracic Clinic, thoracic division of the Lahey Clinic and, thoracic surgeons of the general staff.

The Joslin Clinic offers a twelve-month fellowship in diabetes and internal medicine. The fellows serve as residents for the Joslin patients on rotation through the Deaconess, the Hospital Teaching Unit and the outpatient offices. In this fashion the widest possible experience is obtained in caring for the diabetic.

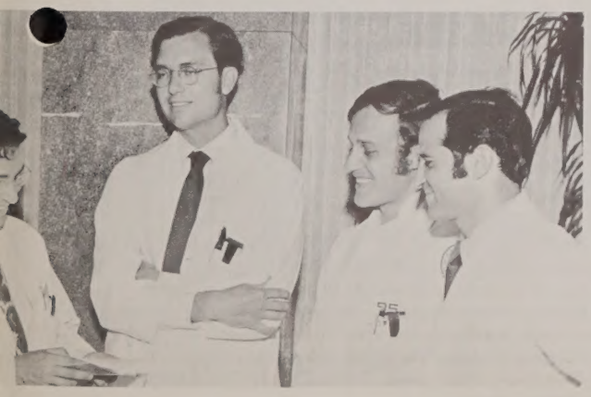
In addition to the teaching program at the Joslin Clinic, the Deaconess sponsors a continuing program of postgraduate medical education which provides conferences and other training exercises for the staffs of the hospital and the Joslin Clinic. Joslin fellows usually participate in these teaching conferences by preparing case presentations and lecture material.

The cardiopulmonary section of the department of medicine offers cardiology training programs for either one or two years. The program is affiliated with the cardiology program of the Veterans Administration Hospital, West Roxbury.

Consultation services to the general medical and surgical services and to the hospitalized patients of the Lahey, Joslin and Overholt clinics are provided. Training includes: cardiac catherization, electrocardiography, and the opportunity to follow surgical patients through open heart surgery.

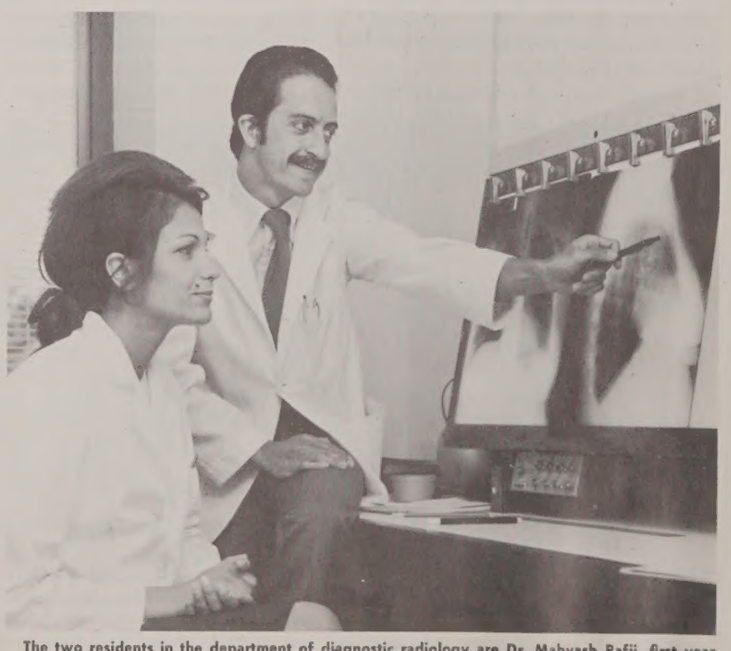
The department of diagnostic radiology offers a three-year residency program. The first portion is spent acquiring basic principles of radiographic techniques. Through rotation blocks, the residents then learn the correlation of radiology with pathology, pediatrics, emergency and orthopedic radiology, radioactive isotopes and roentgen diagnosis. They take part in weekly conferences conducted by the thoracic, surgical, and neurological services and the department of medicine.

The fellows, residents and interns are part of a highly trained team of Deaconess physicians. A provocative group of young doctors, they provide a constant stimulation to the Deaconess as a hospital and as a teaching institution.



Senior residents in the department of medicine are: (seated l. - r.) Doctors Jiri Palek, Rosa Canoso, Steven Hershenow, chief resident; (standing l. - r.) Arturo Rolla, Fred Murphy, David Gillon, Christopher Unger and Thep Himathongkam. Doctors David Mosher and David Sundwall were not available for the photograph.

This year's cardiology fellows discuss a surgical case before two of them scrub. They are: (l. - r.) Doctors Raul Chirife, Robert Healey and John Howard. Dr. William Foster was not available for the picture.



The two residents in the department of diagnostic radiology are Dr. Mahvash Rafii, first year resident; and Dr. Ivan Florez, second year resident.

Alumnae notations . . .

Bertha Fuller Leavitt, '33 . . . recently moved to New Hampshire and works part time at the Odd Fellows Home Infirmary in Concord.

Marion Truesdell Jerauld, '46 . . . is a night supervisor at Winchester Hospital.

Dorothy Hopkins Snow, '46 . . . serves on the Advisory Committee of Melrose V.N.A.

Jesse Crocker Whiteneck, '46 . . . recently returned to active nursing as a full-time staff nurse at the Victoria General Hospital in Halifax, Nova Scotia.

Jean Eastman Whatmore, '48 . . . was transferred back to Hartford, Conn., after one year in California.

Jan Swanson Burbank, '51 . . . since August 1970, has been teaching in a vocational nursing program at the College of the Canyons.

Carolyn Jones Hazelton, '51 . . . has five children, from seventeen years to six, and "we are kept busy with apple orchards, strawberry fields, maple sugaring and driving a school bus."

Joan Morison Hobson, '51 . . . graduated from Boston College in 1970 where she received a M.S. in psychiatric nursing. She is employed at the Burbank Hospital, Fitchburg, as the assistant director of nursing.

Elinor Chase Eklund, '52 . . . is employed as the in-service director at East North Carolina Sanatorium.

Barbara Belcher Lyons, '53 . . . recently transferred to the island of Okinawa in the Pacific.

Beverly Blood Wells, '53 . . . moved to the Washington, D.C. area last spring after her husband's transfer to the Joint Chiefs of Staff at the Pentagon.

Carol Maxham Whittall, '54 . . . saw **Velta Mitrevics Brook,** '54, in August 1970 while camping across country to California.

Edith Gudmand Wiedemann, '54 . . . has been living in Ankara, Turkey, for the past year and a half. When she returns to the states, she will move to Idaho.

Janice Marland Hitchcock, '56 . . . bought a Piper Cherokee 140 airplane which can hold four people . . . been having fun—flew to Albuquerque on vacation.

Barbara Crouse Miller, '56 . . . just returned to work after twelve years of raising children. She is setting up and operating the infirmary for Husson College, Bangor, Maine.

Mary Egner Scalise, '56 . . . took a four-week refresher course at the New England Baptist Hospital where she works part time.

Marilyn Lanzo Paul, '57 . . . and her two daughters are back in Boston for a year while her husband is with the Air Force in Southeast Asia. She works at the Deaconess full time with the I.V. Team.

Betty Stukey Koontz, '58 . . . moved from Ithaca, N.Y., to Charlottesville, Va., where her husband is a resident chaplain at the University of Virginia Hospital. She works part time in the hospital's medical service.

Gail Baker, '59 . . . teaches biological sciences at St. Luke's Hospital School of Nursing, Manhattan.

Eleanor Jackson Enos, '59 . . . was recently appointed school nurse for the schools on Martha's Vineyard.

Joan McLain Newcomb, '59 . . . and her husband completed a course at S.M.U. on Texas history. She is a nurse at all neighborhood scouting events and is the nurse for the day camp this summer.

Janet Staples Wilshire, '59 . . . lives in Hampton, Virginia, where her husband works at TAC Headquarters, Langley Air Force Base.

Ann Damon Wright, '59 . . . visited Spain last summer and went to Jamaica the day after Christmas.

Christine Krutenat Blenninger, '61 . . . graduated from Hunter College with a B.S. in nursing, June 1970. She is a public health nurse for N.Y.C. Department of Health.

Sharon Allen Anderson, '64 . . . and her husband, a Navy pilot, have returned to the U.S. after a tour in Japan. They are based in Brunswick, Ga.

Charon Pierson, '65 . . . returned to Conn. last year after serving two years as a Peace Corps Volunteer Nurse in El Salvador, Central America. She is employed as nurse counselor in the Family Planning Clinic in Hartford.

Marilyn Lydecker, '66 . . . is a flight nurse in the Air Force Reserves. She flies missions once a month.

Carol Conwell, '67 . . . lives in San Francisco and works in the emergency room at Mt. Zion Hospital.

Pauli Pendleton Barney, '68 . . . moved to Durham, N.H., after her husband transferred to the University of New Hampshire. She works at the Exeter Clinic in Exeter, N.H.

Mary-Lee Skelly Fee, '68 . . . attends the University on Minnesota's Evening Division and works in a clinic.

Roberta A. Balchunas, '69 . . . works in the emergency room at St. Vincent's Hospital, Worcester, Mass.

Mrs. Miriam Ritvo (far right), dean of students of Lesley College, leads a "rap session" for students who have been accepted into the NEDH Class of 1974. These girls are enrolled in Previous Plus, a five-week program for students needing additional course work to prepare for their freshman year at the Deaconess. They are: (l. - r.) Mary Ann Bray, Corine Powers, Mona Almeida, Gail Diamond and Ann Connolly. Mrs. Carrie Williams was not present at the time the photograph was taken.

Miss Liberty shoots her way around the world

Gail Liberty, Class of 1959, manages to see this country and the world in a unique way. A captain in the U.S. Air Force, she has won several pistol championships that have taken her all over the world.

She recently became the first woman to appear on the National Rifle Association Honor Roll for members who have won combat decorations for bravery in Vietnam. This was in recognition of Captain Liberty's Air Medal Award which she received after completing her 37th mission to Vietnam evacuating wounded to Japan.

Captain Liberty began carrying a pistol at the urging of friends after leaving Sheppard Air Force Base, Texas. She won the .22 caliber pistol championship of the National Rifle Association at Camp Perry, Ohio, six months later. Then she won the national championship with the .35 and .38 caliber pistols and set the national record for rapid fire with the .45 caliber pistol.

In 1962, Captain Liberty tied for first place in the world games in Cairo, Egypt, but lost by two points to the Russian entry in the shootoff. In 1966, she finished fourth in the world games in Germany.

When shooting in competition, Captain Liberty practices three or four times a week for two hour stretches. Although most of her practice shooting is done during off-duty hours, she was released for more intensive training with the U.S. Air Force team in the more important matches.

Having completed her tour of duty in the Orient, Captain Liberty is stationed at Luke Air Force Base, Phoenix, Arizona. She owns a home there and, in her off-duty hours, plays tennis and golf.

The third annual Alumnae Association Homecoming Day will be held

Saturday

November 6, 1971

The Class of 1946 reunited on June 11 to celebrate their 25th anniversary. Tours of the hospital, lunch at the Riverview Restaurant and dinner at the Harvard Club highlighted the day's activity. Flanked by Mr. R. D. Lowry, executive vice president, and Miss Ellen D. Howland, director of nursing, are: (front row l. - r.) Virginia Whitney, Arlene (Chatterton) Glander, Ruth (Fellows) Heuss, Dorothy (Robinson) Worcester, Marion (Pugh) Blake, Ilione (Lewis) Wakefield, Beverlie (Conant) Bareis, Twyler (Felch) Boyce, Francis (Weslowski) Carver, Joanne (Jackson) Crounse, Carrie (Kendall) Foss, (back row l.-r.) Constance (Arey) Bryant, Dorothy (Hopkins) Snow, Helen (Gray) Broeg, Lois Thomas, Dorothy (Whitcomb) Finnie, Elaine (Pickering) Casey, Thelma (Dunn) Georgeson, Ruth Honnors, Dorothy (Lincoln) Bearce, Doris (Nelson) McIssac, Margaret (Davol) Donovan, Gladys (Sinclair) Moore, Margaret (Hunt) Dunn, Frances (Cross) Breazeale, Letitia (Doten) Cole, Janice (Wakefield) Knowles, Marion Metcalf, Patricia (Coleman) Hunt and June (Crocker) Whitenect.

Four-day work week expands . . .

Continued from page 1

Two dietitians in the Hospital Teaching Unit began the four-day week in late June. By establishing a pattern for dietitians throughout the hospital, they are pioneers in their division of the department. In addition, the three women in dietary who began the four-day week last April still enjoy its benefits.

"We plan to implement the four-forty in 90% of dietary after the department changes to a revised food system involving micro-wave cookery," explains Miss Charlotte L. Donaldson, director of dietetics. The new food system will begin this fall.

In the surgical service department there are over 100 employees who work under the four-forty plan. Since last February the number of people participating in the plan has steadily increased. Two instructors, and seven students in both the operating room and respiratory therapy technician training programs recently joined the department on the four-forty as did two secretaries.

The entire respiratory therapy department participates in the four-forty. Their shifts are arranged so that during peak hours, they have double coverage. Forty-five surgical team employees work a four-day schedule. Most of them work from 7 a.m. — 5 p.m. except when they are on call.

Like the surgical team employees, the people in the recovery room are part of a five day program. There is no problem with shift rotations since everyone in the recovery room is hired for a specific shift. Fifteen nurses participate in the recovery room's four-forty plan.

Twelve central supply employees converted to the ten-hour day. There are no shifts with which to be concerned and they only have to cover one out of five weekends. There are five central supply employees who opted to remain on the eight-hour day.

On June 27, the first nursing unit at NEDH began to work on the four-forty plan. A total of 18 people from the Baker 5 nursing unit are participating in the 90-day trial period. At press time, their reactions to it are most favorable.

Shifts are scheduled to allow double coverage at peak hours. Most employees have a choice of combining the day (7 a.m. — 5 p.m.) and evening (1:30 p.m. — 11:30 p.m.) shift, or the day and night (11 p.m. — 9 a.m.) shift. This choice is not possible on other floors, except where personnel are hired specifically for the evening or night shift. The four-forty limits the frequency of back-to-back shift coverage by individuals and also eliminates the 10 a.m. — 7 p.m. shift.

Overlapping shifts make it easier to coordinate patient care and enables the staff to provide more individual attention to the patients at peak hours. The shifts also allow more time for team conferences.

Fatigue is counteracted by short work periods. The staff always has two consecutive days off and rarely works more than three consecutive days. In a six week period, the employees have three two-day weekends.

Five employees in the accounting department and business office began the four-forty on July 12. Miss Betty Terkelson, office manager, still works the standard five-day week. Since the 7:30 a.m. — 5:30 p.m. schedule is maintained on a five-day basis, both departments are open 50 hours instead of 42½ hours every week.

Personnel in accounting have either a Monday or Friday free except for one individual who specifically requested Wednesday as his day off. The business office works on a two week block rotation so that every other weekend is a three-day weekend. Everyone in the business office and accounting works on Tuesdays. This is the busiest day for the business office, but not necessarily for accounting which is more project than production oriented.

Except for Mr. David McLeod, shipping and receiving supervisor, everyone in purchasing started the ten-hour day July 12. The four women in purchasing have a schedule that takes them through October 6. Every other week an individual has a three-day weekend. Without the constant telephone distraction from 7:30 a.m. - 8:30 a.m., the purchasing agents can complete a great deal of their order entry work and typing. On Thursday, they all work because it is "salesman day" and a full crew is needed.

In shipping and receiving, there are two men out every Monday and Friday. Since the middle-week days are traditionally heavy work days, the entire crew works. Work starts at 7:30 a.m. and the receiving door remains locked for an hour. This gives the men time to set up floor orders without interruption. The delivery of these orders is more efficient during the early hours since elevator use by other employees is minimal.

Miss Ruth Sullivan, librarian, notes that the four-day week is beneficial to library coverage. She takes Fridays off and Mrs. Catherine Feeley, part-time library assistant, works a 25-hour week on an adjusted four-forty week schedule. Miss Martha Thompson, library assistant, prefers to work the standard five-day week.

About 100 people in the pathology laboratories have adopted the ten-hour day system. Most of them are medical technologists and laboratory technicians. On the four-day week, which began June 1, the technologists can usually complete their work assignments in one ten-hour day instead of working overtime or transferring the assignment to a night worker.

Everyone on the four-forty in pathology is part of the day staff. They work from 7 a.m. — 5 p.m. or from 8 a.m. — 6 p.m. Secretaries haven't converted to the new work system because of scheduling problems.

Laboratory personnel on the ten-hour day never work more than four consecutive days. Since they are part of a seven-day operation, the laboratory people work about every third Saturday and every sixth Sunday. It takes them six weeks to finish a work cycle which includes: one four-day weekend, one three-day weekend, one two-day weekend, two one-day weekends and one weekend working two days.

The messenger service began a 90-day trial of the four-day week on July 18. The office is open from 7:30 a.m. - 5:30 p.m. and an extra messenger is available for errands and emergencies from 7 a.m. - 7:30 a.m. and from 6 p.m. - 6:30 p.m. He can be reached via page master. The first scheduled round is at 7 a.m. and the last round is at 6 p.m. There are 18 messengers (part time and full time) participating in this trial period.

At this stage in the trial and post-trial periods of the four-forty work system, the results favor its adoption. The efforts of each employee who has worked to give the four-forty the chance to succeed are appreciated. Progressive thought and follow-up action remain part of the Deaconess tradition.

Alumnae news briefs . . .

ENGAGED:

Beverly C. Pierce, '69, to Kenneth J. D'Arrigo.

Donna M. Cooper, '70, to Larry E. Ditch.

MARRIED:

Ruth Seale, '63, to Jack W. Beaird on April 4, 1970.

Ruth E. Holyoke, '64, to Richard J. Kent, Jr. on May 29, 1971.

Marcia Gibbs, '67, to James Barnes in August 1970.

Nancy Shute, '68, to Dr. Edward F. Parsons in July 1970.

Christine M. Gagnon, '69, to David R. Murphy on June 26, 1971.

Carol A. Pike, '69, to Robert R. Kostecki on May 29, 1971.

BIRTHS:

Barbara Marsters Wright, '55, sixth child, Mark, born January 1, 1971.

Phyllis Celata Masse, '59, third child, Jacqueline Patricia, born July 15, 1970.

Virve Naks Veenpere, '60, a son, Tonis Jaan, born August 14, 1970.

Linda Hill Baer, '62, third daughter, Ashley Logan, born January 28, 1970.

Susan Gagnon Fitzgerald, '66, second son, Joseph Edward, born December 9, 1970.

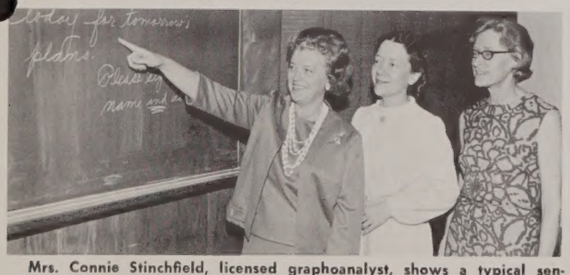
Paula Scott Luddy, '66, a son, Shawn Fitzgerald, born May 4, 1971.

DEATHS:

Jorgine Rasmussen Dayton, '10, in March 1971.

SYMPATHY:

Doris Simpson McLaughlin, '28, on the death of her husband James, in May 1971, after a long illness.



Mrs. Connie Stinchfield, licensed graphoanalyst, shows a typical sentence for analysis to Miss Ellen D. Howland, director of nursing, and Miss Marion Metcalf, president of the NEDH Alumnae Association. A lecture on handwriting analysis was a featured portion of the May 6 block meeting of area hospital alumnae associations.

The Deaconess softball team placed fifth in regular season play. Posing before they play a league game with Carney Hospital are: (first row l. - r.) Tom Wilmore, Ken Kelley, captain; Paul O'Conner, Al Richards, Charles Schraub, manager; (second row l. - r.) Spiros Thomas, Roger Heany, Jeff Larsen, John Pare and Bob Connelly.

Bowling awards given at annual picnic

The 1971 bowling season officially ended with a fun and games picnic, June 23. Golf, tennis and swimming were available to the sports-minded individuals at the White Cliffs, Mass., picnic site.

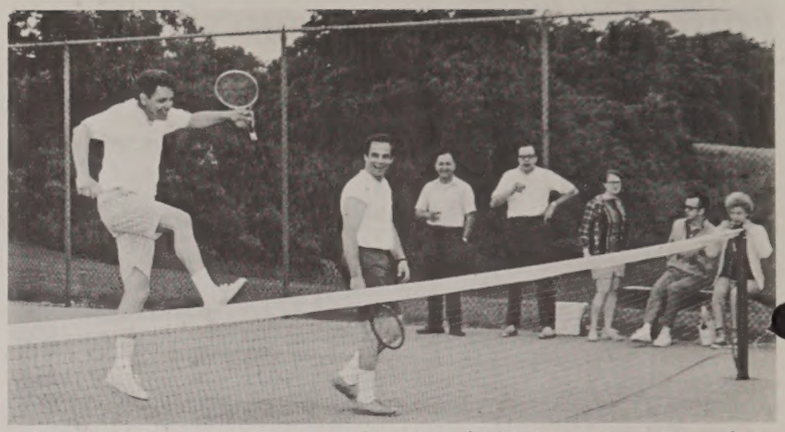
With appetites whetted by activity, the bowlers enjoyed their choice of a lobster or chicken dinner. Mr. Peter Campisano, administrative assistant and president of the bowling league, presented awards for high singles, high three-strings and high average to the deserving men and women in each division.

In Division A, George Lussier, maintenance, and Mary Hennessey, patient service, won the high singles awards. Mary Hennessey also received awards for the high three-string and the high average for the year. Jim Dillahunt, housekeeping, won the high three-string for the year and tied with Edward Baker*, CRI, for the men's high averages for the year.

Roger Heany, respiratory therapist, and Shiela Meek, Joslin, won all three awards for men and women in the Division B competition. Division C divided the honors wth Roger Peterson, laundry manager, winning the high singles and the high three-string awards. He tied with Bill Laffey, Joslin, for the year's high average. Ellen Flynn, Joslin, won the women's award for high singles in Division C, while Ruth Lane, nurses aide, won the high three-string and the high average awards.

Next year Francis Matthews, employee relations director, is president of the hospital's bowling league. A successor for Gail Graham, administrative secretary to Director Richard E. Lee and this year's league secretary has not ben named.

*Deceased



Obviously enjoying their tennis game at the bowler's picnic, June 23, are Mr. Francis Matthews, employee relations director, and Mr. Hubert Sycamore, assistant director. Watching the game are: Mr. Frank Bettinelli, chief histology technician; Mr. Peter Campisano, administrative assistant; Mr. David Colleran, mail room; Miss Ruth Lane, nurses aide, and Mrs. Margaret Davis, booking office.

Trying to decide what to eat at the bowler's picnic are: Miss Mary Hennessey and Miss Patricia McAdams, patient service department, and Mr. Gustav Meinecke and Mr. Jim Dillahunt, housekeeping.

NEW LIBRARY BOOKS

NONFICTION

Age Of Kings

Charles Blitzer. History of 17th century European monarchy.

Don't You Know There's A War On?

Richard R. Lingeman. The home-front during the Second World War.

Fields Of Wonder

Rod McKuen. The latest compilation of the author's poems.

Night Flight To Hanoi

Daniel Berrigan. The mission to secure the release of captured American fliers in N. Vietnam.

Prime Time: The Life Of Edward R. Morrow

Alexander Kendrick. The life of an important figure in American broadcasting journalism.

Rise Of Russia

Robert Wallace. Outline of Russian civilization up to the reign of Peter the Great.

Sidney

William Hoffman. The biography of the American film actor, Sidney Poitier.

The Dragon Wakes

Christopher Hibbert. A history of Imperial China.

Pharmacy offers 24-hour service

Pharmacy coverage for the entire hospital increased to a 24-hour service on July 1. A full-time pharmacist was hired for the night shift in order to make the additional coverage possible. The pharmacy functions in two other important ways. It eliminates the night drug emergency closet available to nursing when pharmacists are not on duty. The latter function of the pharmacy eliminates the need for nurses to account for the narcotics three times every day.

Director Lee reports at MHA Hyannis meeting

The 35th annual meeting of the Massachusetts Hospital Association (M.H.A.) took place May 3 - 5 in Hyannis. "Decisions-71" was the theme and Mr. Richard E. Lee director, was one of the decision makers at the three-day meeting.

As chairman of the M.H.A. Council on Health Care Financing, Mr. Lee reported on Industrial Accident payment rates, Medical reimbursement rates and Blue Cross reimbursement rates. His report is documented in a special supplement of the M.H.A. Newsletter (June 1971).

New England Deaconess Hospital
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pulse

The New England Deaconess Hospital Complex, including the Medical Office Building at One Ten Francis Street, Lahey and Overholt Thoracic Clinics, the Joslin Diabetes Foundation, Inc., the Cancer Research Institute and the Shields Warren Radiation Laboratory, is internationally known for diagnosis, treatment and research in general medicine, brain and chest surgery, cancer and diabetes.

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Richard E. Lee
Director
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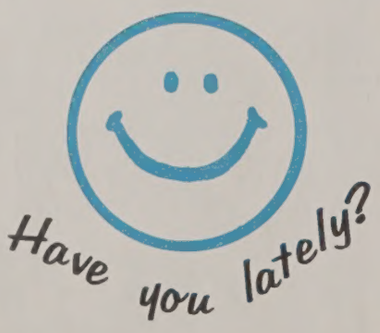

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